



The Women Speak:

A team member recalls an experience

She walked into the office that day and was directed to me. A slim young lady with worry lines across her forehead, she slouched in the seat offered to her. I greeted her warmly and inquired how she was doing, it was then she started spilling.

She had been separated from her husband and was now in her fourth abusive relationship. Frustrated, worn, unemployed, feeling weak and weary she was on the road basically with her two children. Worst, her husband had begun spreading that she was HIV positive and had passed on the disease to him. She had to flee the community where she had been living in the family house.

It wasn't a one or two day period that saw us dealing with all the major and underlying issues. We had to get her relocated at a good family friend, had her going through a series of counselling sessions which really lightened up her countenance, and had her dealing with and getting over the abuse she suffered.

There was marked difference in her. We assisted her with food supplies, and even with applications toward seeking a job. A more upbeat, cheerful person, she became a part of our major support group and admitted in social interaction session that she was shy at first but even her self esteem had grown as she now believes she can do anything.

As we continue to work with her to assist in balancing her mentally, emotionally and maintain the best possible health, we look forward to giving our clients the best possible care and support in all the ways we can.