



Jamaica AIDS Support For Life

#BePrEPARED

What is PrEP?

Pre-exposure prophylaxis (PrEP) is offered to people at risk for HIV. It is a daily medication which will lower their chances of getting HIV if they have been exposed.

PrEP can prevent HIV from establishing infection inside the body.

How effective is PrEP?

When taken as prescribed, PrEP reduces the risk of acquiring HIV from sex by more than 90%.

Will I need to use condom if I am on PrEP?

PrEP users are still encouraged to use a condom. PrEP only stops the transmission of HIV; it does not stop the transmission of other STIs including syphilis, gonorrhea, herpes and others.

Is PrEP Safe?

PrEP is very safe, with no side effects for 90% of users. About 10% of people who start PrEP will have some short-term, mild side effects. These may include: diarrhea, nausea, decreased appetite, skin rash, dizziness and headaches.

One PrEP Pill a day helps to prevent HIV

PrEP should be taken as part of a combination prevention package.

Who is PrEP for?

PrEP should be considered for people who are HIV-negative and at significant risk of acquiring HIV infection. These include: men who have sex with men (MSM), transgender woman (TG) and sero-discordant couples.

How Can I Get on PrEP?

PrEP can be prescribed only by a health care provider. To get more information about PrEP, contact Jamaica AIDS Support for Life (JASL). JASL will offer a screening process to ensure PrEP is right for you.



Jamaica AIDS Support For Life

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